

PRAYING ALWAYS

Roz Addington, MET's Prayer Secretary



WEEK 1 | THE CHURCH

- 1. Repentance:** For the church to fall to its knees, seeking God and his ways; for a fresh anointing of the Holy Spirit and a transformation of the church across our land (John 16:8 & 13; 1 John 1:9).
- 2. Church Leaders:** For the President and Vice-President of Conference, Richard Teal and Carolyn Lawrence, for Chairs of District and Superintendents as well as our Presbyters, Deacons, Lay workers, Local Preachers and Leaders of Worship (James 3:1; Micah 6:8; Joshua 1:7-8).
- 3. Scriptural Holiness:** For a return to Scriptural holiness and a renewed passion for preaching the gospel; for a thirst to read Scripture and for prayer to become central to everything happening in our churches (2 Timothy 4:1-5; Matthew 7:21).
- 4. Mission and Vision:** For renewed vision and a seeking of God's will for the church; for empowerment of the Holy Spirit, revitalising mission and evangelism to our communities without fear of discrimination and political correctness. Pray also for good decisions to be made at Conference in June (Acts 1:8; Psalm 118:6-7; Romans 10:13-14).
- 5. For the work of MET:** For the 3R's: re-kindling of the Wesleyan vision, renewing the Wesleyan vision and raising up of a new generation of Wesleys; for the Remaining Faithful network; for David Hull as Chair; Derek Balsdon as Development Worker; the Trustees; all on the Executive (Isaiah 41:9-13; Hebrews 10:22-24; 2 Timothy 1:7).
- 6. Children and Young people:** Pray for Nathan Veall and all those who work with children and young people, for God's inspiration and guidance; for our youngsters to learn the importance of putting God first and seeing the relevance of him in their lives; the initiative of WHOTWAY (What Happened On The Way) (Deuteronomy 11:18-21; Matthew 19:13-14; 1 Timothy 4:12).
- 7. Protection for our young people:** Pray that our young people would be guarded against wrong teachings given in secular society and for enablement to discern lies, deceit and erroneous philosophies and ideologies; for courage to stand firm on their beliefs and faith (Isaiah 43:1-3; Psalm 145:18-19; Deuteronomy 31:6 & 8).



WEEK 2 | THE COUNTRY

- 1. Repentance:** Pray for a realisation, nationally, that science cannot hold all the answers to the difficulties our country is facing and so turn to the Lord for solutions; for the Holy Spirit to bring conviction of sin, repentance, and a transformation of lives (1 John 1:9; 2 Chronicles 30:9; James 4:7-10).
- 2. The Government:** Pray for Boris Johnson and all members of the cabinet in the policies they make. Pray for a seeking for God. Pray for Rishi Sunak, Chancellor of the Exchequer; Matt Hancock, Health Secretary (1 Timothy 2:1-4; Psalm 2:10-12).
- 3. COVID-19:** Pray for relief from this relentless disease and its effects; effectiveness in the vaccines; a discerning of false information; those suffering from 'long COVID'; for our health service workers and all other frontline workers (Isaiah 40:28-31; Matthew 11:28-29; Philippians 4:13).
- 4. Charities and Foodbanks:** For the necessary funding and support in reaching those who are struggling with many and varied needs; those reaching out to the marginalised and vulnerable; the homeless (Proverbs 31:8-9; James 1:27; 1 John 3:17-18).
- 5. Gangs, Knife Crime and County Lines:** Pray for youngsters who are caught up in gang culture and the related problems of knife crime and drug abuse; those trapped in working for County Lines; the police dealing with these issues; the breaking up these organisations and bringing to justice those exploiting the vulnerable (Psalm 140:6-8 & 12; Psalm 9:9; Psalm 34:18).
- 6. Brexit:** Pray for all trade deals, both new and ongoing; for companies to have the necessary paperwork required and for delays at borders to disappear (Proverbs 3:5-6; Proverbs 11:14; Isaiah 55:8).
- 7. Christians in the workplace:** Pray for Christians struggling to stand up for Christian values in their places of work, especially for those in Parliament and the media. Pray for courage and boldness to speak out, without fear of discrimination; pray for protection against false accusations and lies (Joshua 1:9; Psalm 27:1; 1 Corinthians 16:13).



WEEK 3 | GLOBAL WARMING AND THE NATURAL WORLD

- 1. Repentance:** Ask for forgiveness for not being good stewards of our planet: the human ravaging of its resources; destruction of its eco-systems; pollution of the land and sea, the resultant reduction in biodiversity, ruin of habitats and endangering animal and plant species (Isaiah 24:4-6).
- 2. Give thanks:** Give thanks for initiatives that are happening around the world to address some of the problems: the planting of new areas of rainforest; the great green wall across Africa, bringing life back to Africa's degraded landscapes; conservation areas on both land and sea and the many projects supported by A Rocha International. Pray for fresh such initiatives (Genesis 2:15).
- 3. Carbon Emissions:** Pray for a reduction in carbon emissions and for an urgency among governments to act collaboratively. Pray for new technologies to reduce drastically these emissions; for financial commitment from wealthier nations to enable poorer nations to make greener and more sustainable choices (Jeremiah 2:7).
- 4. Rising sea levels:** Pray for those whose lives and livelihoods have been affected by rising sea levels, especially those living in vulnerable areas. Pray for aid in re-location of sufferers to prevent climate refugees (Proverbs 31:8-9).
- 5. Rainforests:** Pray for those countries where illegal logging is rife. Pray for funding to tackle the problem and to save the loss of precious habitats and the prevention of the extinction of increasingly rare species of wildlife. Pray also for the resultant problem of increased carbon emissions and rising sea levels (Nehemiah 9:5b-6).
- 6. Plastics:** Pray for commitment worldwide to reduce and even eliminate all plastics; for new materials to be found that are environmentally friendly; for political will around the world to bring in legislation and funding to make this happen (Galatians 6:2).
- 7. Changing weather patterns:** Pray for areas where there is increasing hardship owing to flooding, drought and the associated problems of forest and moorland fires and crop failures. Pray for new strains of crops to withstand extremes of weather and for farmers across the globe who are coping with these extremes of weather. Cry to the Lord for mercy (2 Chronicles 7:14).

It is not COVID alone I feel God is using, but also natural disasters. As I was praying at the end of last year about all this, God gave me the following words. In the light of these, I fear that the whole situation could get worse before it gets better, unless people turn to the Lord in repentance.

'The country is being shaken. The people need to come to me in their distress, so I can come and heal their hearts. Pray, oh pray, for people to turn to me, to fall to their knees in repentance and come to my open arms. I long to comfort



WEEK 4 | WORLD ISSUES

- 1. The persecuted church:** Pray for those countries across the world where people are persecuted, detained and tortured for their faith. Pray for the perpetrators; for detainees to be released. Pray for change, enabling freedom for all people to worship as they choose (1 Peter 3:14; Roman 8:35-39; Jeremiah 20:11).
- 2. World poverty:** Pray for people across the world living in abject poverty; for governmental bodies to tackle these issues head on along with the associated problems of starvation, inadequate sanitation, disease and unsatisfactory shelter; for all refugees (Psalm 55:22; Proverbs 14:31; 1 John 3:17-18).
- 3. Relief and aid agencies:** Pray for aid agencies seeking to alleviate suffering across the globe. Pray for adequate funding; for permanent solutions to be found so that all peoples be able to find security and peace (Isaiah 58:9b-10; Psalm 18:1-2; Jeremiah 32:17).
- 4. America:** Pray for unity across the nation as the new administration begins to take hold. Pray for President Joe Biden; pray for people to set aside differences to build a united country and for truth to prevail (Romans 14:19; 2 Corinthians 13:11; Hebrews 12:14-15).
- 5. Hong Kong:** Pray for the people in that land as China seeks to take a tighter grip on the country. Pray for those detained and for the British government to take a strong stand against the injustices that are taking place (Proverbs 31:8-9; Amos 5:24).
- 6. Russia:** Pray for Alexei Navalny in detention along with the thousands of protesters standing up for democracy; for the exposure of injustices perpetrated by Putin; for truth and democracy to triumph; freedom for the church (Psalm 9:9; 1 Peter 5:7; Psalm 55:22-23).
- 7. Myanmar:** Pray for the election results of the country to be upheld and a return to the embryonic democracy in the country; the military coup to be overturned; the release of Aung San Suu Kyi, the elected civilian leader, and President Win Myint. Pray for an end to the crack down and the use of live ammunition on protesters (Romans 1:18; Psalm 72:4; Psalm 103:6).

If you wish to contact Roz with any prayer requests then please email her at: roz.addington1@btinternet.com

them and hold them in my arms. They are my precious, precious children.'

We must pray for people to turn to God, seeking him for solutions to these multifarious problems. For people to realise their need for God, to turn away from the 'ways of the world' (Romans 12:2) and seek his face. God wants none to perish, but for all to reach out to him in repentance (2 Peter 3:9). Unless we do this, the consequences may not be all that we would wish, and further disaster may come upon us.